



# Training program in Heart Failure - How to optimize management of Heart Failure-The role of iron deficiency

**2-day Course: 17 September – 18 September 2018**

2<sup>nd</sup> Department of Cardiology-Heart Failure Clinic, **Attikon University Hospital, University of Athens, Athens, Greece** (Rimini 1, 12461 Chaidari, Athens, Greece)

Head of Department: **Prof Efstathios Iliodromitis**

Course director: **Prof John Parissis**

## **AGENDA**

### **1st day (Thursday, 31 May 2018)**

- 08:30-09:00 Introduction: **Prof John Parissis, Prof Efstathios Iliodromitis**  
Attendees will be welcomed in the HF clinic, given equipment (medical robes etc) and introduced to the hospital premises.
- 09:00-11:00 Clinical ward rounds- Evaluation of HF patients with possible iron deficiency: **Prof J Parissis**  
Echo cases: **Dr Alexandra Frogoudaki**  
Demonstration of vascular function evaluation: **Prof Ignatios Ikonomidis**  
Outpatient HF clinic: **Dr V Bistola, Dr G Bakosis, Prof J Parissis**
- 11:00-12:15 Lecture – Introduction: **Prof E. Iliodromitis** (Head of Cardiology Department)  
Overview of guidelines for the management of chronic heart failure  
Practical considerations for diagnosis and management of iron deficiency in heart failure: **Prof J Parissis** (Head of ER, subhead of HF clinic)

*12:15-12:45 Coffee break*

12:45-14:00 CCU visit

*14:00-15:00 Lunch*

15:00-16:30 Clinical cases discussion (management of HF with reduced EF and anemia and /or iron deficiency, hospitalized advanced HF: Optimal management of iron deficiency): **Dr V Bistola, Prof. J Parissis**

### **2nd day (Friday, 1<sup>st</sup> June 2018)**

09:00-11:00 Outpatient clinic visit in 2 groups (management of patients with reduced EF; management of patients with preserved EF-evaluation of iron deficiency): **Dr V Bistola, Dr G. Bakosis, Prof J Parissis**

*11:00-11:30 Coffee break*

11:30-13:30 Lectures - Discussion – How to manage co-morbidities in chronic heart failure: **Prof J Parissis, Dr V Bistola**

13:30-14:30 Q&A - All

Wrap up: **Prof John Parissis**